

WELCOME TO THE TRAINING

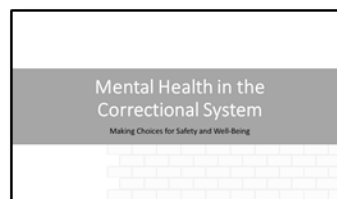
Time:	15 min
Format:	Lecture, discussion
Materials:	PowerPoint, flip chart and markers

Description

This is the orientation to the training's purpose, the introduction to the trainers themselves, and to the training space. Always begin the first day of your training with this Welcome, even if not offering all modules. Customize this outline with information relevant to your current training.

During Training

Welcome to the Training

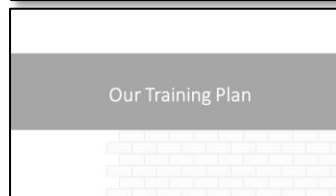
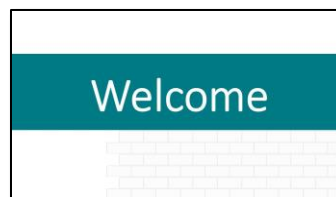


Set Up

Welcome participants to the training.

Explain any housekeeping issues relative to the training space (location of restrooms, daily schedule, planned breaks, food/drink policies, etc.).

Go over the established training schedule (days, times, locations).



Introduce the training staff.

Ask each participant to introduce themselves by name, title, and location of employment.



Connecting to the Training

Discussion

Facilitate discussion with the following questions:

- How many of you have had contact with incarcerated people who have mental health issues? What have you seen or heard about?
- What kind of questions do you have coming in to this training? (NOTE: Write these on a flip chart. Tell them the group can keep returning to these questions throughout the training to make sure they're addressed.)
- What do you think your role is in relation to incarcerated people's mental health?



Transition by saying:

The purpose of this training is to help give you clarity about all of these issues. You should always follow the policies and procedures of your work place, so as we progress through this training, make sure that you are as familiar as possible with your workplace's specific expectations for your position.

Goals of the Training

Lecture

Present lecture:

So why are you here? Well, you're **not** here to become a psychiatrist! You are a correctional officer, so you have safety responsibilities to yourself, to fellow COs, and to those incarcerated in your facility.



Rather, this training will:

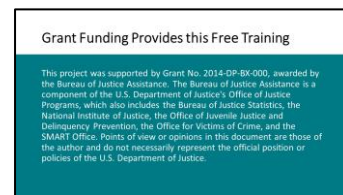
- Orient you to mental health issues in the corrections system.
- Give you a basic overview of common mental health disorders you may encounter.
- Explore responses to mental health issues and tools to support you.
- Discuss managing your stress in the workplace.
- Give you some resources you can refer to at any time in the future.

This is a Free Training

Show the grant funding information in the PowerPoint deck.

Say:

Finally, it's important to know that all of the materials we'll use in this training are free. The research and development of this training were supported by a grant from the Bureau of Justice Assistance, which is a part of the US Department of Justice's Justice Programs.



Get Started!

Say:

Let's get started!

Introduce the first module you will be training.

